

AQUATICS—POOL SCHEDULE

POOL SCHEDULE JANUARY 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30AM	LAP SWIM*	LAP SWIM*	LAP SWIM*	LAP SWIM*	LAP SWIM*	CLOSED	CLOSED
7:00AM						CLOSED	CLOSED
7:30AM	6:30 to	6:30 to	6:30 to	6:30 to	6:30 to	CLOSED	CLOSED
8:00AM	9:30	9:30				CLOSED	
8:30AM				9:30		CLOSED	
9:00AM						CLOSED	LAP SWIM*
9:30AM	FEMALE SWIM	Pre-School		FEMALE SWIM		CLOSED	
10:00AM	9:30-10:30	9:30-10	11:00	9:30-10:30	11:00	CLOSED	
10:30AM	Lap Swim 10:30-11	Day Care Swim		LAP SWIM*		CLOSED	8:00 - 10:30
11:00AM	Arthritis*	10:00 - 11:00	Arthritis*	10:30 to	Arthritis*	CLOSED	
11:30AM	11:00-11:45	LAP SWIM*	11:00-11:45	12:00	11:00-11:45	CLOSED	Family Fun
12:00PM	Hydro-Wellness*	HIIT the Water	Hydro-Wellness*	HIIT the Water	Hydro-Wellness*	CLOSED	Open Swim
12:30PM	12:00-1:00	12 - 12:45	12:00-1:00	12 - 12:45	12:00-1:00	CLOSED	10:30 - 1:00
1:00PM	Women's Only		Women's Only	Lap and	Lap and	CLOSED	Birthday Parties
1:30PM	Watercise 1 - 2	Open Swim*	Watercise 1 - 2	Open Swim*	Open swim	CLOSED	1:00 - 2:00
2:00PM			Lap and		1:00-3:00	CLOSED	Open Swim
2:30PM	Lap and	1:00	Open Swim*	1:00		CLOSED	2:00-3:00
3:00PM	Open Swim*		2:00 - 3:30		MALE SWIM	CLOSED	MALE SWIM
3:30PM			SCHOOL OF THE		3:00-4:00	CLOSED	3:00-4:00
4:00PM	2:00	to	DEAF	to	Open Swim	CLOSED	FEMALE SWIM
4:30PM	to		3:30 - 4:30		4:00-5:00	CLOSED	4:00 - 4:45
5:00PM		6:00	Lap and	6:00	CLOSING TIME	CLOSED	CLOSED
5:30PM	7:00		Open Swim*		CLOSED	CLOSED	CLOSED
6:00PM		Aqua Zumba*	4:30 - 6:30	Aqua Zumba*	CLOSED	CLOSED	CLOSED
6:30PM		6:00-6:45	FEMALE SWIM	6:00-6:45	CLOSED	CLOSED	CLOSED
7:00PM	MALE SWIM	FEMALE SWIM	6:30- 7:30	Family Fun Night	CLOSED	LAP SWIM	CLOSED
7:30PM	7:00 to	7:00 to	MALE SWIM	7:00- 8:30	CLOSED	7 - 8:45 pm	CLOSED
8:00PM	8:30	8:30	7:30-8:30	NO LAP SWIM	CLOSED		CLOSED
8:30PM	CLOSING TIME	CLOSING TIME	CLOSING TIME	CLOSING TIME	CLOSED	adult only	CLOSED

*Lap Lane is open during these times EXCEPT when a class has 8 or more participants. Deep end circle swim is permitted.

** Pool may be closed on occasion for birthday parties on Sundays from 1-2pm. Members are urged to call ahead to check.

Swim lessons will be held periodically throughout the day.

Please share the lanes